

DRINKS

T-BAR TEAS

Organic English Breakfast, Peppermint,
Green Sencha, Lemongrass & Ginger,
Camomile, Earl Grey Blue Flower

For the specialty selection of black, green and white loose leaf teas, see the counter list.

BEERS AND WINES

ICED CHOCOLATE

ICED T-BAR CHAI

MILKSHAKES

HOT CHOCOLATE

CHILLI OR MINT HOT CHOCOLATE

See the chalk boards

BRUNCH

Served from 10-11am

RAISIN TOAST WITH BUTTER	4.90	
TOASTED BANANA BREAD	4.20	
GRILLED CHICKEN AND BACON BAGUETTE	12.30	
with baby cos and kewpie mayonnaise		
CHIPS (GF)	6.50	
with tomato sauce		
DINOSAUR CHICKEN NUGGETS (4)	7.90	
chips / tomato sauce		
TOASTIE FINGERS	6.90	

cheese and ham, or cheese and tomato

LUNCH

Served from 11am-3pm

TOASTIE FINGERS

cheese and ham, or cheese and tomato

SOUP	10.50	BUDDHA BOWL (VE)(GF)	15.90
with warm bread – see chalk board		garamasala roasted cauliflower / roasted sweet potato / pumpkin hummus /	,
(GF TOAST AVAILABLE)	1.50	brown rice salad / broccolini with almonds / avocado	
ROAST BEEF TOASTED SANDWICH	11.50	PANKO CRUSTED RED SNAPPER PIECES	16.90
Swiss cheese / roast tomato / seeded mustard / caramelized onion / rye		smashed potato / watercress / lime mayonnaise	
TOASTED MOROCCAN LAMB FLATBREAD	11.50	SWEET POTATO CAKE WITH AVOCADO	
hummus / spinach / mint		AND CHARRED CORN (V)(GF)	15.90
SMOKED SALMON, AVOCADO AND		fetta / beetroot puree / baby spinach	
POACHED EGG ON TOASTED RYE	14.20	TERIYAKI BEEF BURGER	16.20
baby spinach	_	Asian red cabbage slaw / side of fries	
FRESHLY CUT SANDWICH	10.20	GRILLED FREE RANGE CHICKEN AND BACON BAGUETTE	12.90
(see chalk board)		baby cos / kewpie mayonnaise / side of fries	
		CHIPS (GF)	6.50
FOR YOUNG EXPLORERS		with tomato sauce	
DINOSAUR CHICKEN NUGGETS (4) 7.90		Warm half baguette or 2 slices of wholemeal rye toast or GF toast	2.00
chips / tomato sauce			
CRUMBED FISH BITES (4) 7.90			
chips / tomato sauce			
CARROT AND CELERY STICKS WITH DIPS (v)(GF) 6.50			

6.90

Please order from the servery.

All our chicken is free range.

(v) vegetarian (vE) vegan (GF) gluten free